



CareMEDICA
Primary Care

PCMH+

Patient Centered Medical Home

YOUR PATIENT CENTERED MEDICAL HOME

Patients and their care team work together in a patient-centered medical home to achieve optimal health. With your CareMEDICA care team, you have the opportunity to explain all of the things that are important to you. Your CareMEDICA care team will answer every one of your questions to help you better understand your health status and care needs. If you require help from outside providers, your CareMEDICA care team will assist you with scheduling and coordination, supporting you every step of the way.

YOUR PATIENT CENTERED MEDICAL HOME

All CareMEDICA practice sites are certified as Patient-Centered Medical Homes (PCMH), meaning we emphasize clear communication, prompt responses, and comprehensive care tailored to your individual requirements, ensuring you're well-informed and supported throughout your healthcare journey, including coordinating specialized care when necessary.

TAKE AN ACTIVE ROLE IN YOUR HEALTHCARE:

- *Bring a list of medications & supplements*
- *Bring a list of any questions you may have*
- *Bring a list of all the other healthcare providers you see*
- *Share your past medical history*

YOUR MEDICAL HOME CAN:

- *Help you manage your health care*
- *Listen diligently and answer your health care questions*
- *Collaborate with other specialists if necessary*
- *Coordinate your care across multiple settings*

Follow your healthcare plan as discussed with your team, ensuring full comprehension and setting achievable goals. Inform your team if you encounter difficulties adhering to the plan, and repeat it in your own words while scheduling a follow-up appointment.

PRACTICE LOCATIONS

CAREMEDICA NORTH HAVEN

52 Washington Ave, Suite 4, North Haven, CT 06473

CAREMEDICA WALLINGFORD

821 North Main St Ext., Suite 210, Wallingford, CT 06492

CAREMEDICA HAMDEN

2200 Whitney Ave, Suite 100, Hamden, CT 06518

HOURS OF OPERATION:

Monday-Friday
8:00 AM - 4:30 PM

CONTACT

(Tel): 203.672.2800

SATURDAY WALK-IN HOURS
AVAILABLE AT CAREMEDICA NORTH HAVEN FROM 9:00 AM - 12:00 PM